

Visiting for the first time? We're glad you're here!

Please text "Welcome" to 919-689-4300, scan the QR code, or write your name and phone number in the attendance pad. We'd love to greet you by text and email. Stop by the Welcome Center to receive a gift and learn more about us!



Upcoming News & Events

Sign up for events and learn more by visiting our website.



RSVP

The Winter Challenge starts here! Join us for our VBS Kickoff Party TONIGHT, 5-6:30 pm, for hot dogs, chips, drinks, and a foam party! Everyone is welcome—even if you're not registered for VBS! Help our VBS mission project by bringing boxed pasta & sauce during the month of July.

UFO

(Uniquely
Fun
Outing)



Create • Connect • Smile!

Happiness Ministry, designed for uniquely abled adults, invites you to an afternoon of crafting and fellowship on July 25, 1-3 pm in Room 200. Sign up to create or volunteer!

Men, Let's Retreat Together



Sign up for the Men's Retreat to Bear Mountain, July 31 - Aug. 2.

This great weekend includes golf (for those who love to play), river sittin', campfires, camping or cabin lodging, story-telling, and a lot of relaxation.

FIGHTING WORDS: THE ART OF DISAGREEING WELL

Thursday, August 6
6:00-8:00 PM
Soapstone UMC,
Sanctuary



All are welcome!

Join Pastor Damion in learning how healthy disagreements can lead to greater understanding, stronger relationships and opportunities for healing.

In a world where disagreements can quickly turn into divisions, learning how to navigate difficult conversations is more important than ever. Whether the topic is politics, faith, family, social issues, or everyday decisions, this engaging lecture will explore practical ways to communicate with grace and understanding.



Register with the QR Code.

Looking Ahead at Future Dates

8/1: Sponges & Sisterhood Event, 10 am

8/5: Women's Dinner Out, Carolina Ale House, 6 pm

8/11: Tuesday Lunch Crew, Salt and Lime, 4800 Grove Barton Rd

8/14: Family Night @ the Durham Bulls Ball field, 6:45 pm

8/15: Children's Carnival for uniquely abled pre-k - 5th grades, 10 am

8/22: Uniquely Fun Outing, Bowling & Pizza, 1-3 pm

8/23: Leadership Lunch, 12:30 - 2:30 pm

8/23: Backpack Blessing during worship services

Opportunities for Worship and Ministry

Zoom & Microsoft Teams links can be found at soapstoneumc.org/calendar

Sunday, July 19

8:30 & 11:00 am Worship Services

9:45 am Sunday School for all ages

5:00 pm VBS Kick Off

Monday, July 20

9:30 am VBS Morning Session

6:30 pm VBS Evening Session

Tuesday, July 21

9:00 am Intercessory Prayer Group, 114

9:30 am VBS Morning Session

1:15 pm Pilates, 200

6:30 pm VBS Evening Session

Wednesday, July 22

9:30 am VBS Morning Session

6:30 pm VBS Evening Session

Thursday, July 23

9:30 am VBS Morning Session

6:30 pm VBS Evening Session

Friday, July 24

9:00 am MOMCo Playdate, SUMC Playground

Saturday, July 25

1:00 pm UFO Craft Event

soapstone



UNITED METHODIST

July 19, 2026

8th Sunday after Pentecost

We're so glad you've joined us today.

Whether you come from a place of peace

and wholeness or from the fringe with

a heart of despair and confusion,

know that you are loved and accepted

by God and his son Jesus Christ.

Receive Weekly Emails & Stay Engaged in the Life of the Church

Scan the QR Code for
General Church Emails



Scan the QR Code for
Family Ministries Emails



Pastors and Directors serving today:

Lead Pastor: Rev. Laura Fine Ledford, lfineledford@soapstoneumc.org

Associate Pastor: Rev. Dr. Damion Quaye, dquaye@soapstoneumc.org

Pastor of Congregational Care: Rev. George Freeman,
gfreeman@soapstoneumc.org

Director of Music Ministries: Andrea Turner, aturner@soapstoneumc.org

Office hours: Monday — Thursday, 9 am — 3:30 pm, 919-846-2212

soapstoneumc.org