



Soapstone Preschool

2023-2024 HEALTH POLICIES

Soapstone Preschool has adopted the following "Recommendations from the Committee on Control of Infectious Diseases of the American Academy of Pediatrics" as our general guidelines for sickness.

We proudly partner with our families to help prevent the spread of illness at Soapstone Preschool. It is the responsibility of our families to contact your child's pediatrician to determine if your child's condition is contagious to others. If your child has a contagious illness, families must contact the preschool. Likewise, teachers will notify families when their children have been exposed to a contagious disease at the preschool.

Children may not attend preschool if they exhibit any of the following:

***Indicates a condition in which a doctor's note is required for return.**

FEVER: If your child has a fever of 100.4 or higher, children may not return to school until they are 24-hours fever-free WITHOUT fever-reducing medication.

INTESTINAL INFECTION: (vomiting and/or diarrhea) not associated with changes of diet, or new medication. Children may not return to school until they are 24 hours without vomit and/or diarrhea. If a child is sent home from school due to vomiting or diarrhea, they may not return to school the next day.

***STREP THROAT:** Children may NOT return to school until given two doses of an appropriate antibiotic 12 hours apart.

COMMON COLD: 1) congestion and/or 2) persistent and discolored runny nose, and/or 3) frequent cough/wet cough. We require symptoms to be minimal and improving upon return to school (without medication).

***FLU (INFLUENZA):** Please do not allow your child to return to school until he/she has been fever-free for 24 hours without fever-reducing medicine, Tamiflu, etc. AND he/she is no longer exhibiting symptoms of the flu. We reserve the right to ask a parent to keep their child home for additional day(s) to keep the flu from spreading in the classroom.

***COVID:** Please contact the preschool director for guidance if your child has been exposed to or has tested positive for COVID.

***RASH:** accompanied by a fever or behavioral changes OR skin infections (impetigo, boils, ringworm).

***EYE INFECTIONS:** (pink eye or drainage) – Children must be on medication for a full 24 hours before returning to school.

***CROUP**

***HAND, FOOT, MOUTH:** If your child exhibits bumps or rashes (particularly on their face, around their mouth, hands/feet), they can return to school with a doctor's note and if they have met the following criteria: *fever-free for 24 hours (without fever-reducing medication), no new blisters/lesions and existing blisters/lesions have closed/begun healing, and children can participate comfortably. This can typically take up to 7 days after symptoms have appeared.*

***OTHER CHILDHOOD COMMUNICABLE DISEASES:** If your child is exposed or becomes ill with a communicable disease, such as chicken pox, scarlet fever, mumps, measles, fifth disease, head lice, etc., the director and the child's teacher must be contacted immediately.

- If your child will miss preschool (for any reason), please message your teacher and/or Ms. Jess in Procure or via email. It is essential that we can reach you, or your emergency contacts, during the preschool hours.
- If a family member is exhibiting a contagious illness above, the preschool requests that you keep your child at home in the interest of the health and wellbeing of the other students and staff at Soapstone Preschool. If we send your child home who is exhibiting one of the illnesses above, we will also send their sibling(s) home as well (if you have siblings who attend the preschool).
- Medical history and current immunization record must be on file before any child may attend preschool. **Children with food allergies must have a separate Food Allergy Action Plan on file.**