

Thursday, April 1, 2021 Maundy Thursday Psalm 116

### **READ**

Psalm 116:1-2, 12-19

#### LISTEN

Psalm 116 by Kyra Goldman <a href="https://www.youtube.com/watch?v=wMfXmrEaYCo">https://www.youtube.com/watch?v=wMfXmrEaYCo</a>

### REFLECTION FOR CHILDREN

Maybe you or someone close to you has been really sick before. If so, you know that being sick isn't fun! The person who wrote Psalm 116 had been sick for a very long time. And although they didn't like being sick, they believed God was always with them. There is never a time when God isn't watching over us. And so they wrote Psalm 116 as a love-letter to God, giving thanks for all the times they had seen God at work in their life. Take a look at verse 17. The word "thanksgiving" means that we shouldn't just tell God how thankful we are, we should also show God how thankful we are by helping other people when they are going through rough times.

# **DISCUSSION WITH CHILDREN**

- Can you think of a time when God helped you through a tough time?
- How did you show your thanks to God for helping you?

# **GOING DEEPER**

- What adversity have you experienced in life that brought you into closer relationship with God?
- Have you ever thought of your service to others as an act of thanksgiving to God?

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